Tomato and Cheese Bruschetta

1 Loaf multigrain baguette
4 oz. Monterey Jack cheese, shredded
1 lb. Fresh Roma tomatoes, diced
4 oz. Asiago cheese, shredded
1/4 c. Italian seasoning blend
1/4 c. Olive oil spray mist

METHOD OF PREPARATION:

1. Slice the bread into 30 slices.
2. Put the bread slices on a sheet pan. Spray with olive mist. Bake until lightly toasted, 3-5 minutes.
3. Put 1 ounce of diced tomatoes on the bread then 1/4 oz. of the shredded Monterey Jack cheese, then 1/4 oz. of the Asiago cheese, than a pinch of the Italian seasonings.
4. Bake at 375 F for 5-7 minutes or until the cheese is melted. Enjoy!

SERVES: 30 portions

NUTRITION: 70 Calories, 3 g Fat, 1.5 g Saturated Fat, 10 mg Cholesterol, 150 mg Sodium, 9 g Carbohydrate, contains less than 1 g Dietary Fiber, 4 g Protein

ALLERGENS: Milk, Wheat, Gluten