Minute Form for Senate Committees
Academic Year: 2011-2012
Health Promotion and Substance Abuse Prevention
Chairperson: Dan Sleeper
MEETING DATE: JANUARY 10TH, 2012

ATTENDANCE:

APPOINTED MEMBERS:

<table>
<thead>
<tr>
<th>Present</th>
<th>Name</th>
<th>Rep</th>
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<tr>
<td>☒</td>
<td>Dan Sleeper</td>
<td>AHS</td>
<td>3</td>
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<tr>
<td>☒</td>
<td>Jon Taylor</td>
<td>AS</td>
<td>1</td>
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<td></td>
<td>Elsie Lovsted</td>
<td>PHR</td>
<td>1</td>
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<td>☑</td>
<td>Gary Gage</td>
<td>TEC</td>
<td>2</td>
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<td>☑</td>
<td>John Kantorowski</td>
<td>AL</td>
<td>2</td>
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<td>☑</td>
<td>Emily Mitchell</td>
<td>L/C</td>
<td>1</td>
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<tr>
<td></td>
<td>Steve Karnes</td>
<td>AHS</td>
<td>2</td>
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<td></td>
<td>Ana Davila Howard</td>
<td>UC</td>
<td>3</td>
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EX-OFFICIO MEMBER(S):

Present | Name             | Rep  |
---------|------------------|------|
☐        | Tom Liszewski    | L/C  |
☐        | Kim McCane       | intern |

GUESTS:

Present | Name             | Rep       |
---------|------------------|-----------|
☒        | Kelli Alexander  | CAC       |
☒        | Kim Livingston   | 1016      |
☒        | Bridget Brzezinski| student |
☒        | Whitney Rivest   | CAC       |
☒        | Michelle ?       | Student Government |

OLD BUSINESS:

I. The committee approved November’s meeting minutes.

II. HPSAP Website
   a. Dan brought in a printout showing how many dead links are currently on the committee’s website.
   b. The committee voted to eliminate the website, taking down everything but a link to our Facebook page and possibly some contact information.

III. Vice chair
   a. The vice chair will be groomed to take over as committee chair for next year.
   b. Only Gary, Steve, and John are eligible.
   c. John volunteered to become vice chair of the committee.
   d. The committee approved John as vice chair.

IV. Membership
a. Tom checked to see if HPSAP membership had been updated on the senate committee’s webpage.
   i. It has not been updated.
   ii. Tom has arranged for that to be taken care of.
b. Tom also sent an email seeing if we could fill more slots on this committee.
   i. We may have new members at next month’s meeting.

NEW BUSINESS:

I. January flavor of the month: Nutrition and eating disorders
   a. Everyone who hasn’t already sent Jon links for the Facebook page should do so.

II. Expanding flavor of the month to include lectures
   a. 11:00-12:00 Jan. 26 in Rankin, there will be a speaker on eating disorders.
      i. Tom is booking the room and getting fliers
      ii. Tom will send fliers to committee members to print and hang up.
      iii. John said he would look into sending out a university-wide notice about the event.
      iv. Jon will put it on Facebook.
   b. 11:00-12:00, Feb. 21 and 23, there will be a test anxiety workshop.
   c. In March, Kim L. said she would talk about prescription drug abuse
      i. Tentative date: March 27
   d. Steve is working on getting Mike back in April to talk about alcohol.

III. February is test anxiety and health & safety month
    a. Committee members should send Jon links to put on Facebook.

IV. There is a new RSO on campus: Active Minds
    i. Active Minds is about mental health awareness and advocacy (it’s not a support group).
    ii. They provide information, encourage people to seek help, and hold programs.
    iii. Bridget (Active Minds RSO president) pointed out that National Eating Disorders Awareness Week is coming up March 23- April 4.
    iv. HPSAP will promote Active Minds on our Facebook account.
    v. Bridget also pointed out that for future years, HPSAP’s flavors of the month could be chosen with an eye to lining up with Active Minds events.
    vi. Bridget will bring her co-president along to a HPSAP meeting in the future, and let us know about future events HPSAP can help publicize.

V. Relay for Life
   a. This year’s Relay is March 30 from 6 p.m. to 6 a.m.
      i. Kickoff is 7:00, January 17 in the Dome room.
   b. Promoting Relay
      i. There will be a pink basketball game February 9 at Wink Arena.
      ii. Paint the Campus Purple will be the week of March 12-16.
         1. Colleges Against Cancer is looking for local businesses to get involved in it (Purple beer at the Gate, etc.)
         2. They’re also thinking of having purple balloons to put on people’s book bags.
3. Gary thinks Stanwood Motor Sports might be willing to contribute somehow, and will get their contact information to CAC.

c. Faculty/staff team
   i. Kelli and Whitney would like Ferris to have at least one faculty team at Relay this year.
      1. CAC is willing to find a student to organize the team.
      2. John, Dan, Gary, and Emily all thought they could be there for at least part of Relay this year.
      3. Committee members should look into whether more faculty members would be interested in coming.
      4. Teams raise funds for Relay for Life.
         a. Dan will bring in raffle tickets to the next meeting.
         b. We can raffle off the right to pie members of the team.

VI. Red Watch Band
   a. Red Watch Band trains students to prevent toxic drinking deaths
      i. Training takes 4 – 4.5 hours, including CPR training.
      ii. Tom is currently looking into whether the health center will take care of the CPR training part.
      iii. Red Watch Band is hoping to launch at Ferris for next school year.
      iv. Trainings will be held twice a year.
      v. Graduates of the training receive a certificate and a red watch.

VII. Roundtable
   a. Kim L. asked to be added to the list of people who receive a copy of the meeting minutes.

ADDITIONAL INFORMATION OR SUMMARY:

Next Meeting: 11:00 AM, February 14, 2012