Minute Form for Senate Committees
Academic Year: 2011-2012
Health Promotion and Substance Abuse Prevention
Chairperson: Dan Sleeper

MEETING DATE: FEBRUARY 14, 2012

ATTENDANCE:

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<tr>
<td>☑</td>
<td>Dan Sleeper</td>
<td>AHS</td>
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<td></td>
<td>Jon Taylor</td>
<td>AS</td>
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<td>Emily Mitchell</td>
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<td>Emily Mitchell</td>
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<td>Emily Mitchell</td>
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LEFT IN TERM:
Present Name Rep Term
☑️ Elsie Lovsted PHR 1
☑️ Gary Gage TEC 2
☑️ John Kantorowski AL 2
☑️ Steve Karnes AHS 2
☑️ Ana Davila Howard UC 3

EX-OFFICIO MEMBER(S):

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<th>Present</th>
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<tr>
<td>☑</td>
<td>Tom Liszewski</td>
<td>L/C</td>
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<td>Kim McCane</td>
<td>intern</td>
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GUESTS:

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<tr>
<td>☑️</td>
<td>Kelli Alexander</td>
<td>CAC</td>
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<td>☑️</td>
<td>Kim Livingston</td>
<td>1016</td>
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<td>☑️</td>
<td>Bridget Brzezinski</td>
<td>student</td>
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<td>☑️</td>
<td>Peggy Carston</td>
<td>CAC</td>
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<td>☑️</td>
<td>Josh Henderson</td>
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<td>☑️</td>
<td>Karlen Valmers</td>
<td>CAC</td>
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OLD BUSINESS:

I. The committee approved January’s meeting minutes.

II. Membership
   a. Paula has promised that membership will be updated on the website when she has time.

III. Website
   a. Tom volunteered to contact Paula about taking down the HPSAP website and replacing it with minimal committee information and a link to our Facebook page.

IV. Relay for Life
   a. Fundraising
      i. Our raffle drawing and pie-ing is scheduled for 8:00 that night.
         1. Dan will bring a trash bag to wear while being pied
2. Kim L volunteered to bring a tarp so that we don’t leave behind a mess.
3. We’ll have separate drawings for each faculty member who volunteered to be pied.
4. Tickets cost $1 each, or 10 tickets for $5.
   ii. Should we also sell baked goods that night?

b. Organizing
   i. Our team is posted on the Relay website; the team name is Health Promotion Committee.
   ii. Kelli will send out directions for joining it.
   iii. Kelli will also send out contact information for our team captains.
   iv. We should try to get other faculty members to join the team.

V. Flavor of the month lectures
   a. Eating disorders talk by Chris Richmond
      i. No date for this year; concerns about attendance. Maybe next year?
   b. Prescription drug abuse talk by Kim L
      i. 11-12 on Tuesday, March 27
      ii. Tom will reserve a room.
      iii. Can we get professors to offer extra credit for students who attend?
      iv. Advertising
         1. Kim will look into getting posters made
         2. Tom will get fliers printed if someone else designs them
         3. Bridget will get a copy of the poster design at the next meeting (when Tom cannot be present) and get the poster to Tom.
         4. There was talk of contacting The Torch, and also trying to get the event on the campus calendar.
   c. There is a lecture sponsored by Educational Counseling and Disability Services on test anxiety. Tom will forward the information on to Jon to put on Facebook.
   d. Alcohol talk
      i. Tom reported that not many people came last time we put on this talk, and Steve (who was going to coordinate this) is concerned that it might not be worth the time involved in getting the speaker up to Big Rapids from Grand Rapids.
      ii. Dan will ask Steve about this.

VI. Facebook links
   a. Jon needs more links to send out through our Facebook page.
   b. Kim L will send him a link for 1016.
   c. Tom will send information about the test anxiety workshop.
   d. Bridget will ask if the Health Center has any links they’d be willing to share.
   e. This month’s theme is health and safety trips for travel, but any topic is welcome.
   f. March’s theme is alcohol abuse prevention.
   g. We can promote free blood pressure checks, free weigh-ins, etc.

NEW BUSINESS
I. Prepping for March and April
   a. Upcoming events
      i. Relay for Life (March 30-31)
      ii. Kim L’s prescription drug lecture (March 27)

II. Roundtable
a. Kim L mentioned that the Human Services Coordinating Body is a group of representatives from service organizations in Mecosta and Osceola counties. She said the HSCB would love to have a representative from Ferris at their meetings.
   i. Meetings are held on the second Thursday of the month, from 9-11 a.m. at the Michigan Works building in Reed City or Big Rapids (alternating).

**ADDITIONAL INFORMATION OR SUMMARY:**

Next Meeting: 11:00 AM, March 13, 2012