Period Report for Senate Committees  
Academic Year: 2009 – 2010  
Health Promotions & Substance Abuse Committee  
Chairperson: Russ Leonard  
MEETING DATE: 10/13/2009

APPOINTED MEMBERS:

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<td></td>
<td>Dan Sleeper</td>
<td>AHS</td>
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<td>Robert Krueger</td>
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<td></td>
<td>Karen Nash</td>
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<td></td>
<td>Russ Leonard</td>
<td>TEC</td>
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<td>Emily Mitchell</td>
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<td>John Kantorowski</td>
<td>AL</td>
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<td>Thomas Liszowski</td>
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<td>Ann Marie Gillespie</td>
<td>UC</td>
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<td>Jonathan Taylor</td>
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EX-OFFICIO MEMBER(S):

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GUESTS:

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<td></td>
<td>Jennifer Hagerman</td>
<td>PHR</td>
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<td>Stephen Poland</td>
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OLD BUSINESS:

- The Senate Health Promotion and Substance Prevention Committee year end report was submitted by Russ Leonard and Tom Liszewski and is available on the Academic Senate website.

NEW BUSINESS:

2009 Great-American Smoke-Out

- The date this year is November 19, 2009.
- Kyle Cutler, the American Cancer Society representative, and members from on-campus student groups and possibly the College of pharmacy will staff a table at the Rankin Center to help provide Information and resources.
- Tentatively the time will be from 11 – 1 to capture the lunch crowd. This time may be expanded depending on availability.
- A poster highlighting the Great-American Smoke-Out is being created.
- The poster will be distributed to 160 spots on campus.

Committee Members

- Tom will verify the committee member list on the website. It appears that there will be some new members on the committee from last year.
Website
- The committee will look at the website to see if any changes are warranted for this year.
- The advantages and disadvantages of using a survey to determine what people are using on the website was discussed.
- It was requested that each member of the committee review the current website to determine what updates/changes need to be made this year. It will also be helpful if each member could review at least 1 other college’s website for fresh ideas.
- The committee noted feedback indicated that parents are using the website. Tom will check the counter to see what areas within the website are getting the most traffic.
- Tom will ask his work-study group go through the website to check for broken links.
- The committee also discussed the possibility of including H1N1 information on the website.

Social Norms / Risky Behavior
- The committee discussed risky behaviors on campus. An example mentioned that might be an area to focus on in the future is condom use. It was noted that only approximately 50% of student report condom use during their last sexual encounter.
- The question was raised as to how we can improve the number of students reporting condom use. It was noted that both Awareness and Access might help.
- The counseling center and health center give condoms out for free to student groups. The counseling center has staffed tables at Bulldog Bonanza and Take Back the Night in the past with free condoms.
- It may be helpful to see what other universities / colleges do with regards to handing out condoms.
- “Sex and the College Student” is one seminar that targets freshmen. Another seminar that focuses on risky behavior includes: “Beer, Booze and Books” put on by Jim Matthews.
- There are currently approximately 110 FSUS classes and around 50 instructors. A disadvantage of the numerous classes and instructors is the lack of a health educator coordinator that works to coordinate activities and ensure consistency in the message between colleges.
- Russ will follow-up with Shelly VandenPanne to see if she has data on how many FSUS faculty are requiring attendance at the aforementioned seminars and will talk with her regarding coordination.

Meeting Goals/ Benchmarks
- Due to the limited number of meeting, Ann noted the importance of setting objectives/benchmarks for each meeting so that we are using meeting time efficiently.
- A “Flavor of the Month” (e.g. picking out a disease state to focus on from the National group that designated awareness months) may be one way to help guide our focus and help us develop goals and objectives.
- The committee will need to select which areas to focus on.
- Russ noted that he will bring in the calendar of awareness months for the next meeting for the committee to review.

On-campus AA Meetings
- The open AA meetings on campus were discussed.
- The past facilitator has left; however, a student has been chairing the meeting in Rankin.
- There are approximately 6 regular attendants and the meetings will be continuing.

ADDITIONAL INFORMATION:
- The new chair for 2009 – 2010 will be elected at the next meeting.
- Meeting adjourned at 11:49 am