

Broomball - Classroom Training Ferris State Intramural Sports

General Rules

- 3 twelve minute periods (1-2 min between)
- Clock does not stop until last 2 minutes...
- Whistles, made goals, TO, and injuries
- Mercy Rule: up by 10 at 2 minutes



General Rules

- 1 timeout per period.
 Don't carry over
- Regular Season Games and ties
- Playoffs = Overtime
- 5 minute/Golden Goal.
 Clock runs like first period.
 Stops for TOs or injury.
- Still tied, Shootout!
 5 players from each team alternate shots (Male, Female) until one team misses.



General Rules

- Corec Only
- 6v6 (4 players needed to avoid forfeit)
- CoRec: Legal ratios of male-female are:
 3 men & 3 female;
 or 3 men & 2 female;
 or 2 men & 3 female;
 or 2 men & 2 female.
 No more than 3 of the same gender on the ice at one time



Required Player Equipment

- Players must wear pants (no shorts) Must have lower extremities covered. Especially knees!
- Helmet is provided and is mandatory!!! By players and refs!!!
- Stick is provided and must be used.
 No hockey or lacrosse sticks
- Shoes: each player must wear CLEAN soled shoes with no metal on them.
- No Jewelry
- Gloves, shin pads and elbow pads are not provided, but are highly recommended.



Goalie Rules

- Goalies are allowed to pick up and/or freeze the ball in the crease area (defined as with one stick length of the crease).
- Once in possession of the ball, a goalie has 5 sec to put the ball back in play. (Penalty: Minor for delay of game)
- When the goalie throws, or rolls the ball, it must hit another player on their team or the ice before crossing the half-line.
- If it does cross the half-line before a player touches it or touches the ice, blow the ball dead and give it to the opposing goalkeeper (does not apply when the keeper uses their stick).
- Goalies are free to venture to all parts of the ice. However, the goalie relinquishes all goalie privileges and must play the ball like other players



Substitutions

Substitutions are conducted on-the-fly.

Make sure the substituting team gains no offensive or defensive advantage.

- Penalty:
 - ■1st: A warning

^{2nd}: A penalty shot against the violating team

If offensive team and a goal is scored: disallow goal (def penalty shot)

If defensive team and a goal is scored: allow the goal and penalty shot

Pulling a goalie

Anytime

Team relinquishes all of their goalie rights.

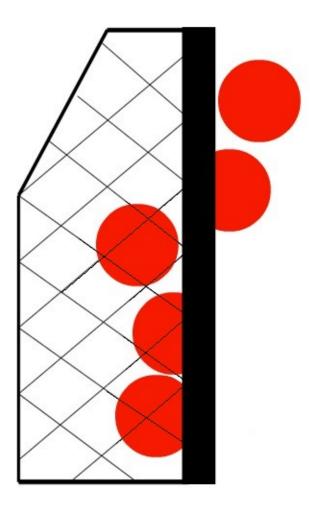
•Defensive players may enter the crease to stop a shot on goal but they may not freeze the ball. If a defensive player freezes the ball, the result will be a minor foul and a penalty shot will be awarded to the other team.

Scoring

- Goals scored by males = 1 point
- Goals scored by females = 2 points
- All Overtime and Shootout = All goals equal 1 pt



A Goal is SCORED when...



 The whole ball crosses the goal line, entering from the front of the net.

Goals **NOT** allowed

- Ball contacted by offense above shoulder level
- Ball kicked, thrown, or propelled in an illegal manner
- Goalie carries ball across goal line while putting ball back into play
- The offensive team committed a penalty at the time of the goal



Putting the ball in play

- Face off
- Beginning of period
- Overtime
- After goals
- After injury

Make sure...

- Teams onside
- Alternate Male match-up Female match-up



Putting the ball in play...

Drawbacks:

- After goalie freezes (opponent will receive)
- After penalty or infractions by one team Ball is hit out of play
- Guidelines for Drawbacks:
 - Teams must be onside
 - All players at least 10 feet away
 - Broom used to put ball in play
 - Ball must be hit backwards or parallel
 - If hit forward on first contact, other team gets a drawback
 - Drawbacks are administered from the centerline
- Similar to soccer...
 Keeps game moving instead of face-offs



Violations

Players may USE their hands to stop and control the ball.

Players CANNOT kick, push, throw, or bat the ball to a teammate.

Players may not bobble, juggle or carry the ball with their sticks.

 Violations will result in possession being awarded to the non-offending team

If a player hand/kick passes:

1st: Blow the ball dead

2nd: Administer a drawback from the center line



There is absolutely no sliding (purposeful sliding)

• A player sliding for the first time will be awarded a Minor Penalty

•A player sliding for the second time will be disqualified for the remainder of the game. (no ejection form needed).

 A player that purposely slides and in your judgement did so to cause harm to another player will be ejected from the game and forms need to be filled out.

Contact Penalties

- There is NO CHECKING in Broomball.
 Players must play the ball and not the person.
 - Players cannot use excessive body contact to gain a competitive advantage.
 - Players may, at the officials' discretion, be warned, issued a UC and/ or ejected for excessive physical contact.
 - Any player playing in a dangerous or reckless manner must be penalized, and/or ejected.
 - By keeping a tight call on the game, we can avoid any major injuries.
 - Number one goal?

High Sticking Penalties

Proper use of the broom

- A player may not carry the broom above his/her shoulders
- A player may not bring their broom above the goal crossbar at anytime
- This includes penalty shots and passing/shooting from sidelines.
- This rule applies to goal keepers as well
- An infraction of this rule will result in a LOSS OF POSSESSION if action was not around any other players.
 A Major Penalty will be assessed if the action is within range of other players.
- A player may not THROW his/her broom. Penalty is a Major, and an ejection, depending on the severity.
- A player may not kick, push, or throw an opponent's broom that has been dropped. Penalty is a UC and a Minor.

Minor Penalties

- Offending player serves 2 minutes in the penalty box (by score table)
- Penalty expires when time is up or a goal is scored by opponent before the time is up.

- Holding
- Interference
- Delay of Game
- Too many players on the Ice
- Illegal use of Equipment
- Sliding
- UC (second UC is Major Penalty and Ejection)

Major Penalties (due to injury or intent to injure)

- Offending player serves 5 minutes in the penalty box (by score table)
- Penalty DOES NOT expires when a goal is scored by opponent before time is up.
- If offending player is ejected, the offending team must remain shorthanded for 5 minutes (don't need to select a player to serve)

- Tripping
- Slashing
- Checking
- Roughing
- High Sticking
- Contact to the HeadUC

Major Penalties (Auto Ejection)

- Fighting
- Spearing
- Kicking
- Throwing broom at another player
- Chécking
- UC that is:

Disrespect to an official Using profanity Abuse of equipment or facility Actions that incite a fight.